30 Day Tiger Challenge

Help your Tiger keep their skills sharp by taking on our 30-day challenge with activities to help with adventure and elective requirements!

Weeks 1 and 2 – Games Tigers Play, My Tiger Jungle, and Tiger Bites
Week 3 – Family Stories, Floats and Boats
Weeks 4 and 5 – Sky's the Limit, Safe and Smart

		1 Show good sportsmanship! Play a board game with your family.	2 Make up a new game. What are the rules? Play it with your family.	3 Make a nutritious snack to share. What makes it healthy?	4 Watch a new sport online you've never seen. Which sport did you pick?	5 Go for a walk outside. Take in nature using your 5 senses. What did you notice?
6 Go in your backyard. Make a list of everything you see.	7 Go bird watching out your window. Draw 2 different birds you see.	8 Make a thank you card for local doctors, nurses, police, or firefighters.	9 Make a birdhouse out of household items. What birds can fit in your house? *	10 Family discussion – learn about good food choices and how to pick healthy meals.	11 Make a poster explaining the difference between fruits and vegetables.	12 With your family, pick a job to help your family at mealtime. Do it for the next 4 meals.
13 Family discussion – what are some of your family's traditions, history, and culture?	14 Create a family crest. Include what you think makes your family special!	15 Call a grandparent or other relative. Learn what life was like when they were kids.	16 With your parents' help, create a family tree.	17 Learn about and draw 5 different types of boats. Where can each type be found?	18 Build your own boat with recycled materials and float it on water. *	19 Practice the SCOUT water safety chant.
20 Memorize your address and recite it to your family.	21 Memorize two emergency phone numbers and recite them to your family.	22 Show you can stop, drop, and roll.	23 Make a fire escape plan and practice with your family.	24 Go outside and observe the night sky.	25 Research two astronauts who were Scouts.	26 Visit a science museum or observatory online.
27 Find the smoke detectors in your home and check the batteries.	28 Looking at the night sky, create and name your own constellation.	29 Show how to safely roll someone else in a blanket to put out a fire.	30 Learn how 2 constellations got their name and find them in the sky.			

*Objects can include toilet paper tubes, storage containers, LEGOs, pencils, paper – just about anything!