30 Day Lion Challenge

Help your Lion keep their skills sharp by taking on our 30-day challenge with activities to help with adventure and elective requirements!

Week 1 – Lion's Honor and Fun on the Run
Week 2 – Animal Kingdom and Mountain Lion
Week 3 – King of the Jungle and I'll Do It Myself
Week 4 – Gizmos and Gadgets and Build it Up, Knock it Down
Week 5 – On Your Mark and Rumble in the Jungle

		1 Show good sportsmanship! Play a board game with your family.	2 Practice your Cub Scout salute.	3 Make a nutritious snack to share. What makes it healthy?	4 Repeat the Cub Scout motto. What does it mean?	5 Get moving! Show three different exercises, then try a new one!
6 Family discussion – What can you do in an emergency?	7 Make a thank you card for your local hospital, fire, or police department	8 Turn off lights when not in use. Can you do this the rest of the month?	9 Go for a family walk. How can you respect nature while outside?	10 Family discussion – what should you do if you get lost while outdoors?	11 Make a list of items needed for a camping trip. Pack what you can.	12 Build a blanket fort and practice camping. Did your list help?
13 Draw a picture of what a leader looks like. Share with your family.	14 Set the table for every meal	15 Practice tying your shoes	16 Family discussion – what is a good citizen?	17 Help make a checklist of your morning routine. Can you do any by yourself?	18 Watch a flag ceremony online. Why are people so careful with the flag?	19 Pick out your outfits for the next 3 days.
20 Explore motion. Build a ramp for a toy car and see how far it can go!	21 Build a tower out of blocks. How high can you make it?	22 Build a tower of blocks. Push it over gently. Then hard. Which one sent the blocks further?	23 Build a tower out of something ***not*** blocks. Was it easy? Hard? Why?	24 Using everyday objects, build something that can help people. *	25 Family discussion – can people be built up? Knocked down? How so?	26 Build a ramp. Launch toy cars of different weights. Which ones go further?
27 Create a new game. What are the rules? Try it out with your family!	28 Draw a picture of your favorite jungle animal. Why is it your favorite?	29 Make a (safe) obstacle course outside. How fast can you go?	30 Pretend to be your favorite jungle animals. How do they move? Roar?			

*Objects can include toilet paper tubes, storage containers, LEGOs, pencils, paper – just about anything!