30 Day Bear Challenge

Help your Bear keep their skills sharp by taking on our 30-day challenge with activities to help with adventure and elective requirements!

Week 1 – Fur, Feathers, and Ferns
Week 2 – Paws for Action, Robotics
Week 3 – Super Science, Roaring Laughter
Week 4 – Bear Picnic Basket, Beat of the Drum
Week 5 – Critter Care

1. Take an online zoo or nature center tour. Describe what you learned to your family.
2. Observe wildlife out your window and describe what you saw with your family.
3. Draw a picture of a plant in your yard, then look with a magnifying glass and draw again.
4. Name an animal that has become extinct in the past 100 years and research why.
5. Hang up or draw and hang an American flag at your house.
6. Learn about two famous Americans. Draw a poster for each showing what you learned.
7. Make a list of emergency phone numbers. Show your family you can call for emergency help.
8. With your family, create and practice fire and tornado emergency plans.
9. Build a robot hand with string, straws, and sticks. How does it compare to a human hand?
10. Build your own robot using household items. *
11. Explore places that use robots online. What type of robots do you see?
12. Make marble milk. Put drops of food coloring in a plate of milk, then drop dish soap in the middle.
13. Make static electricity by rubbing a balloon against different materials.
14. Create your own sink or float investigation. Explain what you learned.
15. Family discussion – what makes you laugh? Make a list!
16. Make a Mad Lib! Take nouns, verbs, adjectives, and adverbs out of a story; add your own.
17. Play a game that makes you laugh with your family.
18. Ask your family members for their favorite joke and share yours with them.
19. Research a pet you would like to have. Present a report to your family.
20. Create your own Bear cookbook with at least 5 recipes you can make on your own.
22. Learn about Iowan Native Americans online. Share with your family.
23. Create your own Native American legend in a story or diorama.
24. Make your own dreamcatcher. Hang it in your room.
25. Watch Native American dancing online. Can you dance like that?
26. Have a pet? Make a care checklist and use for 2 weeks.
27. Learn 3 ways animals help people. Make a poster and share.
28. Learn what careers involve animal care. What education is needed?

*Objects can include toilet paper tubes, storage containers, LEGO's, pencils, paper – just about anything!